

LATE - 22

Welcome to LATE - L.A.T.E - Living At The End — for we are **late** into the prophetic timeline of earth's history and you and I must know how to live successfully and to be an effective witness for present truth in these perilous times. In this SWM Radio program we use the Word of God and the Spirit of Prophecy to answer pertinent questions posed to God's remnant people in order to provide the spiritual and physical tools we need for daily living and consecration to God at the end of time.

In each program, we have a Time of the End Feature and a Healthful Living Feature which provides answers to the questions posed and then we recommend some Take Away Tips from our discussions for Living at the End. This is your host Brother Nanton. Let us pray.

TIME OF THE END FEATURE -- The Latter Rain at Work

Latter Rain Strengthens us For the Time of Trouble

It is the latter rain which revives and strengthens them to pass through the time of trouble **7BC 984**.

Satan's Lying Wonders Performed During Latter Rain

But while Satan works with his lying wonders, the time will be fulfilled foretold in the Revelation, and the mighty angel shall lighten the earth with his glory. **7BC 985**

Loud Cry is Second of Two Calls to Come Out of the False Churches

I saw angels hurrying to and fro in heaven, descending to the earth, and again ascending to heaven, preparing for the fulfilment of some important event. Then I saw another mighty angel commissioned to descend to the earth, to unite his voice with the third angel, and give power and force to his message. The message of the fall of Babylon, as given by the second angel [in 1844], is repeated with the additional mention of the corruptions which have been entering the churches since 1844. The work of this angel comes in at the right time to join in the last great work of the third angel's message as it swells to a loud cry. **EW 277**

False System of Religion Exposed.

The mighty angel that shall lighten the earth with his glory, will proclaim the fall of Babylon, and call upon God's people to forsake her. As the end approaches, the testimonies of God's servants will become more decided and more powerful, flashing the light of truth upon the system of error and oppression that have so long held the supremacy. **RH 12/13/1892**.

Papal Errors and Spiritualism Unmasked by Last Message

As the time comes for it [3rd angels message] to be given with greatest power, the sins of Babylon will be laid open. The fearful results of enforcing the observances of the church by civil authority, the inroads of spiritualism, the stealthy but rapid progress of the papal power, all will be unmasked. By these solemn warnings the people will be stirred. Thousands upon thousands will listen who never heard words like these. In amazement, they hear the testimony that Babylon is the church, fallen because of her errors and sins, because of her rejection of the truth. **GC 606**

Expose Error by Presenting Truth, Not by Unkind Thrusts to Other Denominations

To attack other denominations only creates a combative spirit and closes ears and hearts to the entrance of the truth. Decided proclamations are to be made. But no personal thrusts at other churches, not even the Roman Catholic Church. Speak the truth in tones and words of love. Let Jesus be exalted. Keep to the affirmative of the truth. Let the Word of God tell the story of the inconsistency of those in error. The best way to expose the fallacy of error is to present the evidences of truth. **Ev 574, 576, 577**

God Has Jewels in All Churches

God has jewels in all the churches and it is not for us to make sweeping denunciations of the professed religious world, but in humility and love, present to all the truth as it is in Jesus. Let men see piety and devotion, let them behold Christlikeness of character, and they will be drawn to the truth. **4BC 1184**

Christ's Righteousness is the Glory of the Loud Cry

The message of Christ's righteousness is to sound from one end of the earth to the other to prepare the way of the Lord. This is the glory of God which closes the work of the third angel. **6T 19**

When the earth is lighted with the glory of the angel of Rev 18, the religious elements, good and evil, will awake from slumber. **7BC 983**

The light penetrated everywhere and those in churches who had any light, who had not heard and rejected the three messages, obeyed the call and left the fallen churches. **EW 277, 278**

Healthful Living Feature – Sleep Time

Light Supper Several Hours Before Bedtime

If a third meal be eaten at all, it should be light, and several hours before going to bed. The work of digestion should not be carried on through any period of the sleeping hours. **CD 174, 175**

Sleep Hours More Beneficial Before Midnight

I know from testimonies given me from time to time for brain workers, that sleep is worth far more before than after midnight. Two hours good sleep before twelve o'clock is worth more than four hours after twelve o'clock. **7MR 224**

Reading Up To Bedtime Disturbs Sleep

Make it a habit not to sit up after nine o'clock. Every light should be extinguished. This turning night into day is a wretched health destroying habit, and this reading much by brain workers, up to the sleeping hours, is very injurious to health. It calls the blood to the brain and then there is restlessness, and wakefulness and the precious sleep that should rest the body does not come when desired. **9MR 46**

Early to Bed Early to Rise Improves Emotions

Set your hour to rise early, and bring yourself to it, then retire at an early hour, and you will see that you will overcome many painful disorders which distress the mind, cause gloomy feelings, discouragement, and unhappy friction, and disqualify you of or doing anything without great taxation. **9MR 47**

Catnip Tea and Hops Tea

A cup of tea made from catnip herb will quiet the nerves. Hops tea will induce sleep. **2SM 297**

Questions

- 1 How does the latter rain and the angel of Revelation 18 work for God's remnant people as the end draws near?
Answer: They will revive and strengthen God's people to pass through the time of trouble and lighten the earth with God's glory even as Satan is working his lying wonders.
- 2 What divine evidence did Ellen White see in vision as the final conflict draws closer?
Answer: She saw angel going to and fro between heaven and earth and the mighty angel of Revelation 18 being commissioned to give power and force to the loud cry.

- 3 What happens to the testimony of God's people as the end approaches?
Answer: Their testimony will become more decided and powerful flashing the light of truth upon the system of error and oppression that have so long held the supremacy.
- 4 What will cause thousands of people to be stirred to leave Babylon as the end draws closer and closer?
Answer: The fearful results of the union of state and church; the inroads of spiritualism; the stealthy rapid progress of the papal power; the testimony that the church is Babylon fallen because of her sins and, errors and rejection of truth; all will combine to convince thousands to come out of Babylon.
- 5 How will God's people expose error at this time?
Answer: They will expose error by revealing truth in words and tones of love, exalting Jesus and allowing the Word of God to reveal the inconsistencies of those in error.
- 6 When should be our last meal and why?
Answer: Our last meal should occur several hours before bedtime so no work of digestion is carried on during the period of sleep.
- 7 Why should we rise early and go to bed early?
Answer: To overcome many painful disorders which distress the mind, cause gloomy feelings, discouragement and unhappy friction.

Take Away Tips

- The work of the latter rain will strengthen us to endure the time of trouble and make our testimony more decided and powerful to expose the sins and errors of Babylon.
- The combination of the latter rain and the angel of Revelation 18 will allow thousands to hear and understand the truth that Babylon is the church fallen because of her rejection of God's truth and come out of her.
- We are to expose error by presenting truth and allowing the Word of God to reveal the inconsistencies of those in error without attacking any denomination, even the Catholic Church.
- Early to bed and early to rise will promote good health and overcome many painful disorders and depression.