This is Living At The End - L.A.T.E - for we are **late** into the prophetic timeline of earth's history and you and I must know how to live successfully and to be an effective witness for present truth in these perilous times. Using the Word of God and the Spirit of Prophecy this SWM program seeks to provide the spiritual and physical tools we need for daily living at the end of time.

In each program, we will pose questions pertinent to God's remnant people living at the end of time; have a Time of the End Feature; a Healthful Living Feature; provide answers to the questions posed; and recommend Take Away Tips from our discussions for Living at the End. This is your host Brother Nanton. Let us pray.

Time of the End Feature – God is in Charge

Coming Events of Nations and Church Are in God's Hands

The world is not without a ruler. The program of coming events is in the hands of the Lord. The majesty of heaven has the destiny of nations, as well as the concerns of the church in His own hands. **5T 753**

God Sets Bounds Beyond Which Rulers Cannot Go

God restrains our rulers for the hearts of all are in His hands. Bounds are set beyond which they cannot go. Many of the rulers are those whom Satan controls; but I saw that God has His agents, even among the rulers. And some of them will be converted to the truth. They are now acting the part that God would have them. **5T 203**

God's Foreknowledge of Events

God had a knowledge of the events of the future, even before the creation of the world. He did not make His purposes fit circumstances, but He allowed matters to develop and work out. He did not work to bring about a certain condition of things, but He knew that such a condition would exist. **6BC 1082**

God Rules Over All Nations

In the annals of human history, the growth of nations, the rise and fall of empires, appear as if dependent on the will and prowess of man; the shaping of events seems, to a great degree, to be determined by his power, ambition or caprice. But in the Word of God the curtain is drawn aside, and we behold, above, behind, and through all the play and counter play of human interests and power and passions, the agencies of the All-Merciful One, silently, patiently is working out the counsels of His own Will. **PK 499-500**

The Lord God omnipotent reigneth. All kings, all nations are His, under His rule and government. **4BC 1170**

All earthly powers are under the control of the Infinite One. To the mightiest ruler, to the most cruel oppressor, He says: "Hitherto shalt thou come, but no further." Job 38:11. **PP 694**

When the power invested in kings is allied to goodness, it is because the one in responsibility is under the divine dictation. When power is allied to wickedness, it is allied to Satanic agencies. **2SM 359**

Holy Spirit Controls Some laws

So long as Jesus remains man's intercessor in the sanctuary above, the restraining influence of the Holy Spirit is felt by rulers and people. It still controls to some extent the laws of the land. While many of our rulers are active agents of Satan, God also has his agents among the leading men of the nation. **GC 610, 611**

All Nations Have Allotted Time to Fulfill Prophecy

The history of nations that one after another have occupied their allotted time and place, unconsciously witnessing to the truth of which they themselves know not the meaning, speaks to us. To every nation and individual today, God has assigned a place in His great plan. Today, men and nations, are by their own choice deciding their destiny, and God is overruling all for the accomplishment of His purposes. **Ed 178**

Whole Universe Watching Closing Work

The whole universe is looking with inexpressible interest to see the closing work of the great controversy between Christ and Satan. **6T 145**

Healthful Living Feature – Conduct of Health Reformers

Health Deform Results From Extremism

Health reform becomes health deform, a health destroyer, when it is carried to extremes. **CH 202**

Extremists do more harm in a few months than they can undo in a lifetime. They are engaged in a work which Satan loves to see go on. **CD 196**

Of all people in the world, reformers should be the most unselfish, the most kind, the most courteous

Cannot Dictate to Others on Diet

There is real common sense in diet reform. No one should criticize others because their practice is not, in all things, in harmony with his own. It is impossible to make an unvarying rule to regulate everyone's habits, and no one should think himself a criterion for all. **CD 198**

We don't make health reform an iron bedstead, cutting off people or stretching them out to fit it. One person cannot be a standard for everyone else. What we want is a sprinkling of good common sense. Don't be extremists. If you err, it would be better to err on the side of the people than on the side where you cannot reach them. Do not be peculiar for the sake of being peculiar.

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We must go no faster than we can take those with us whose consciences and intellects are convinced of the truths we advocate. We must meet the people where they are. Some of us have been many years in arriving at our present position in health reform. It is slow work to obtain a reform in diet. We have powerful appetites to meet; for the world is given to gluttony. If we should allow the people as much time as we have required to come up to the present state in reform, we should be very patient with them, and allow them to advance step by step, as we have done, until their feet are firmly established upon the platform of health reform. But we should be very cautious not to advance too fast lest we be obliged to retrace our steps. In

reforms, we would better come one step short of the mark than to go one step beyond it. And if there is error at all, let it be on the side next to the people. **3T 20, 21**

Index to Character

The lack of stability in regard to the principles of health reform is a true index to their character and their spiritual strength. **2T 487**

Questions.

- 1. In whose hands are the coming events and the destiny of nations? Answer: In God's hands.
- 2. By whom are the rulers of the earth influenced?
 Answer: By God when they are allied to goodness and by Satan when they are allied to wickedness.
- 3. What does God do concerning rulers and leaders of the nations of the world? Answer: He sets bounds beyond which they cannot go.
- 4. From a prophetic perspective what do we learn about the growth of nations and the rise and fall of empires?
 - Answer: They are all part of the working out of the counsels of God's will.
- 5. How should health reformers conduct their work? Answer: They should be kind, courteous and loving.
- 6. What happens when health reformers become extremist and fanatical in their work? Answer: Health reform becomes health deform when carried to extremes and it can do more harm in a short time than can be undone in a lifetime.
- 7. What instruction does the Spirit of Prophecy give to health reformers and their work? Answer: Meet people where they are. Allow people as much time as we have taken to get where we are. Be patient and allow them to advance step by step until their feet are firmly planted upon the platform of health reform.

Take Away Tips

- Regarding the coming conflict never forget that God is in control of last day events.
- Even though evil seems to dominate rulers and nations, God has set bounds beyond which they cannot go.
- Although the rise and fall of nations seem to be determined by the power, ambition or caprice of man, remember that behind the curtain of history God is working out the counsels of His own will.
- Avoid extremes in your work of health reform. Extremism creates more problems than
 can be undone in a lifetime. Let your work of health reform always be conducted with
 love, courtesy, kindness and patience; meeting people where they are